

# Advent Soul Care

by Edie Melson



# Soul Care to Warm Your Heart This Advent Season

*I considered sharing a devotional for this Christmas season, but I truly believe what renews and restores us most is two things.*

- 1) Hearing directly from God*
- 2) Meditating on what we hear from Him*

*So this booklet is designed just for that.*

*Each week is two pages. The first page has the word at the top, following by a list of Bible verses for suggested reading. The next page has something to color and room to write, doodle and/or draw what God brings to mind throughout the week.*

*I'm praying for God's sweet Spirit to rain down upon you when you least expect it—drenching you with His perfect peace when you need it most.*

*Love & Blessings,*

*Edie*

# Hope Week One

*Now faith is confidence in what we hope for and assurance about what we do not see.*

*Hebrews 11:1*

*Be strong and courageous, all you who put your hope in the Lord.*

*Psalm 31:24*

*This hope we have as an anchor of the soul, a hope both sure and steadfast and one which enters [b]within the veil,*

*Hebrews 6:19*

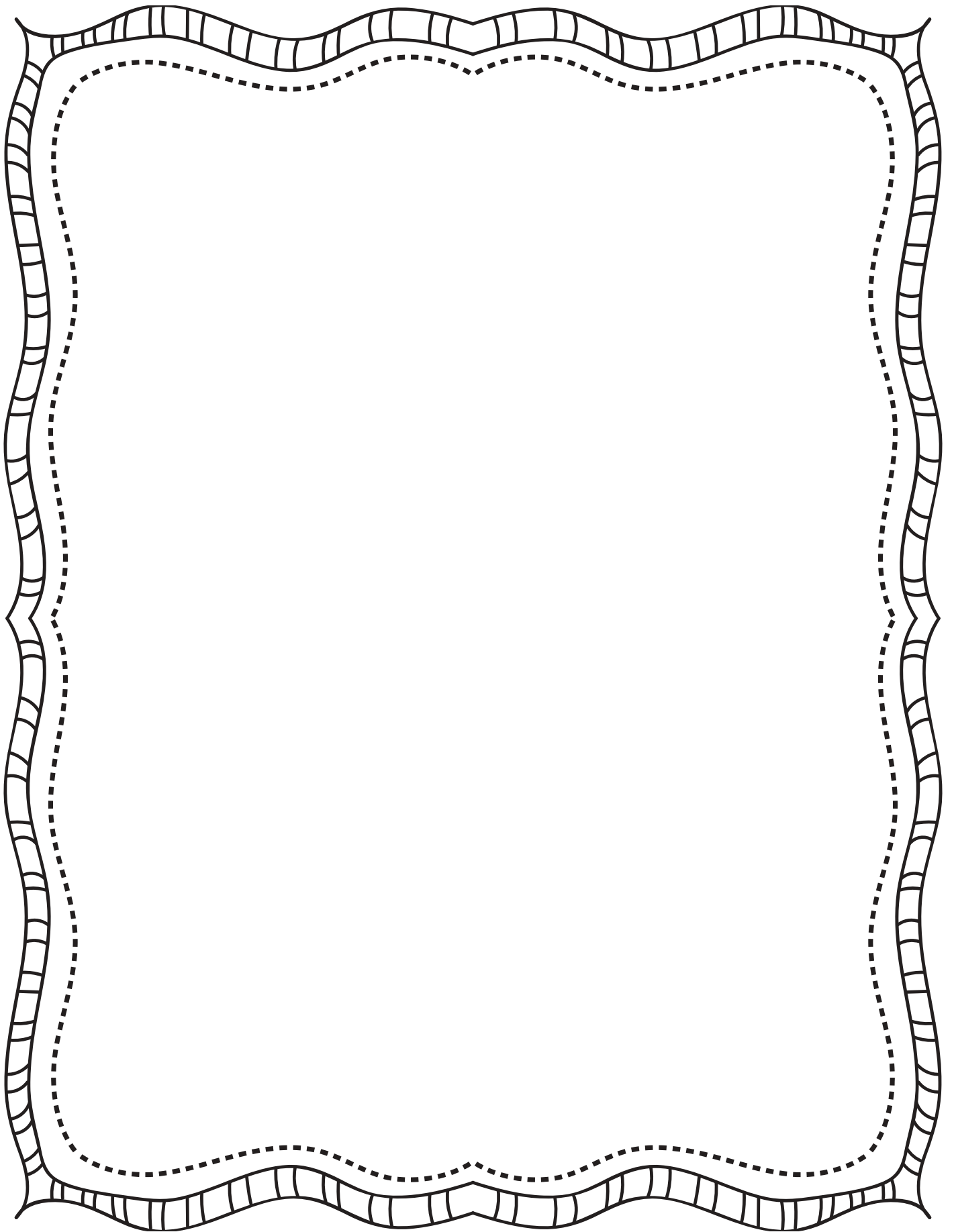
*But those who hope in the Lord will renew their strength. They will soar on wings like eagles, they will run and not grow weary, they will walk and not be faint.*

*Isaiah 40:31*

*But if we hope for what we do not yet have, we wait for it patiently.*

*Romans 8:25*





# Love Week Two

*"For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life."*

*John 3:16*

*But now faith, hope, love, abide these three; but the greatest of these is love.*

*1 Corinthians 13:13*

*Let love be without hypocrisy. Abhor what is evil; cling to what is good.*

*Romans 12:9*

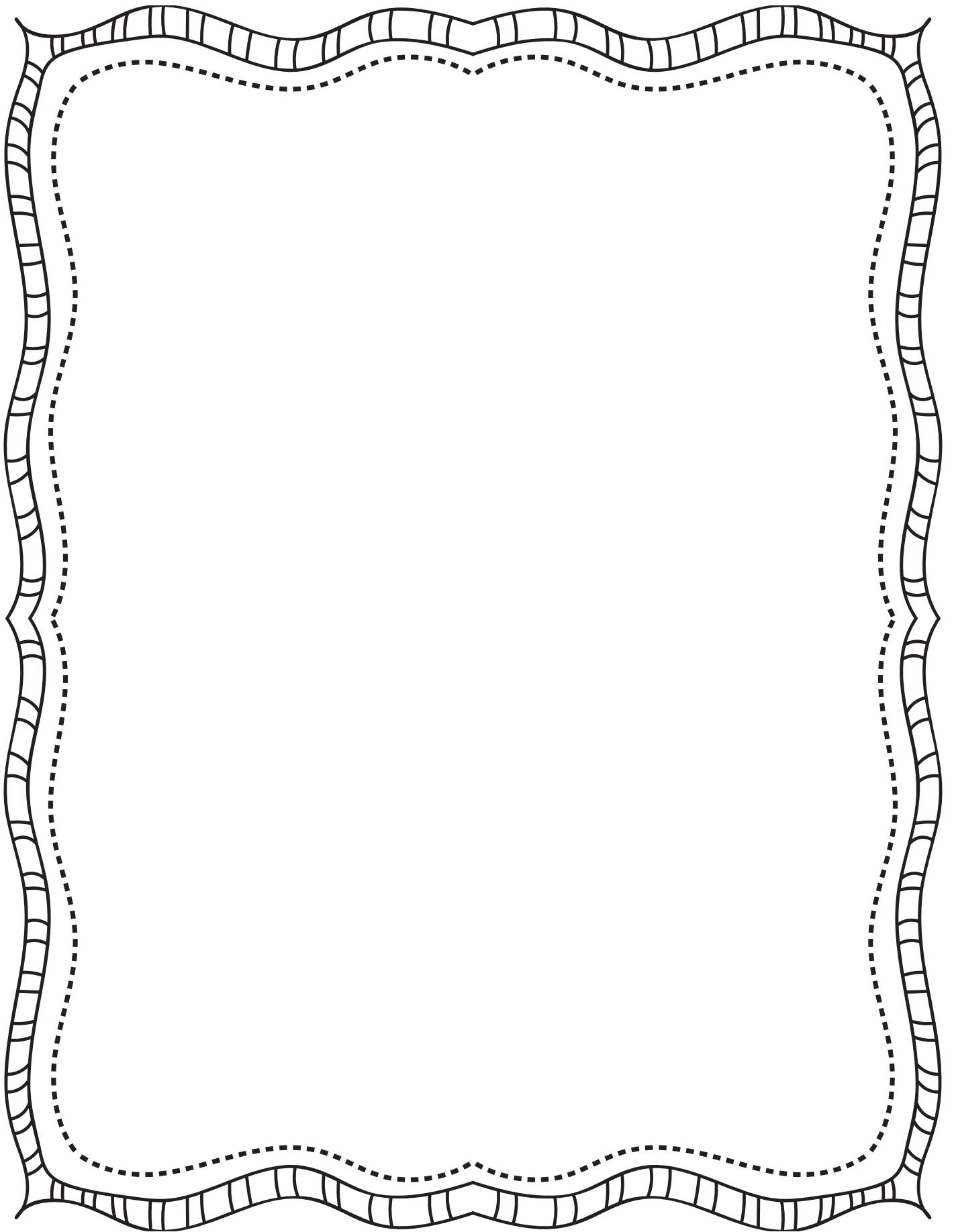
*"The Lord your God is in your midst, A victorious warrior. He will exult over you with joy, He will be quiet in His love, He will rejoice over you with shouts of joy."*

*Zephaniah 3:17*

*We love, because He first loved us.*

*1 John 4:19*





# Joy Week Three

*But the angel said to them, "Do not be afraid; for behold, I bring you good news of great joy which will be for all the people; for today in the city of David there has been born for you a Savior, who is Christ the Lord.  
Luke 2:10-11*

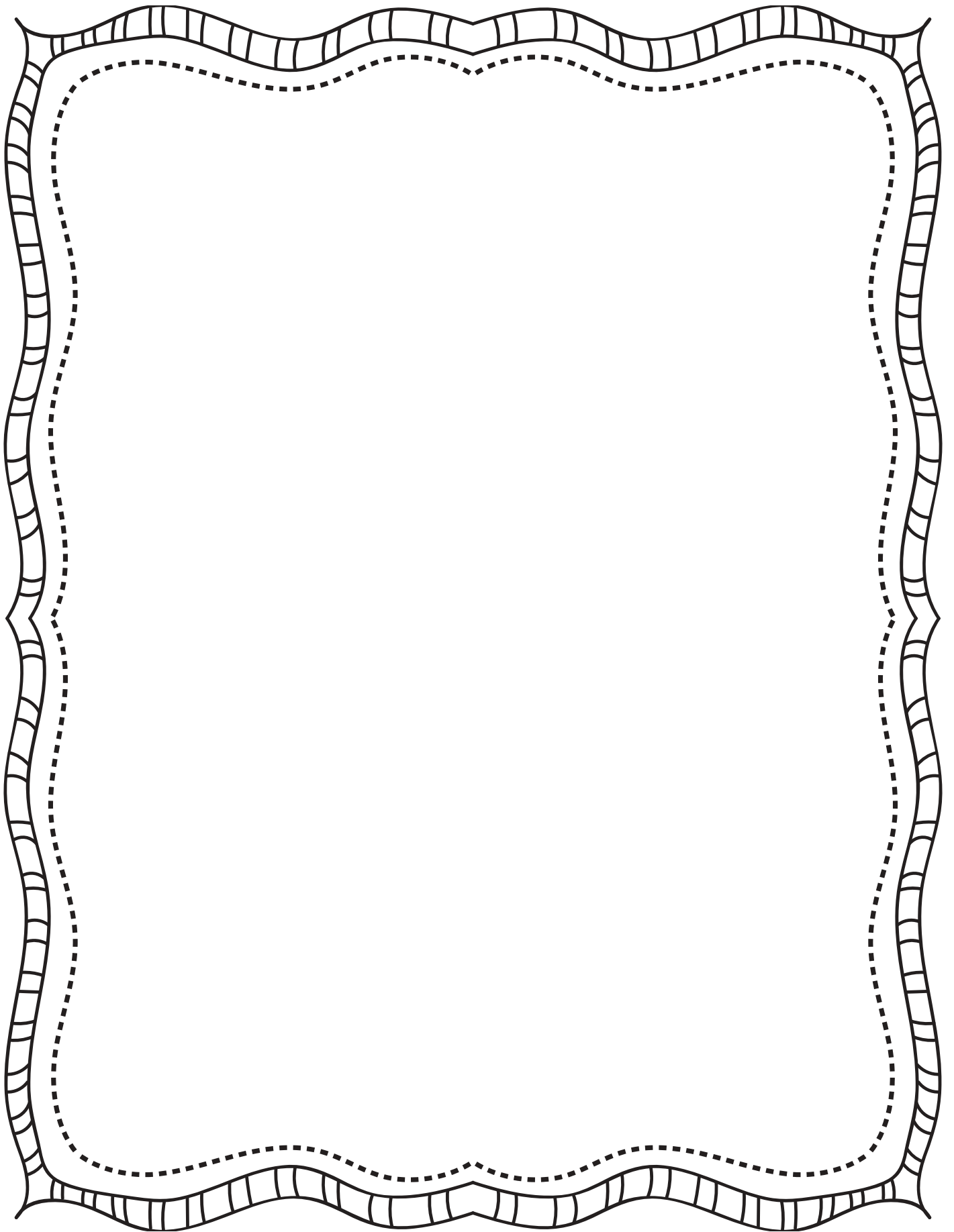
*Therefore you will joyously draw water from the springs of salvation.  
Isaiah 12:3*

*These things I have spoken to you so that My joy may be in you, and that your joy may be made full.  
John 15:11*

*You will make known to me the path of life; in Your presence is fullness of joy; in Your right hand there are pleasures forever.  
Psalm 16:11*

*Rejoice in the Lord always; again I will say, rejoice  
Philippians 4:4!*







# Peace Week Four

*For a child will be born to us, a son will be given to us, and the government will rest on His shoulders; and His name will be called Wonderful Counselor, Mighty God, Eternal Father, Prince of Peace.  
Isaiah 9:6*

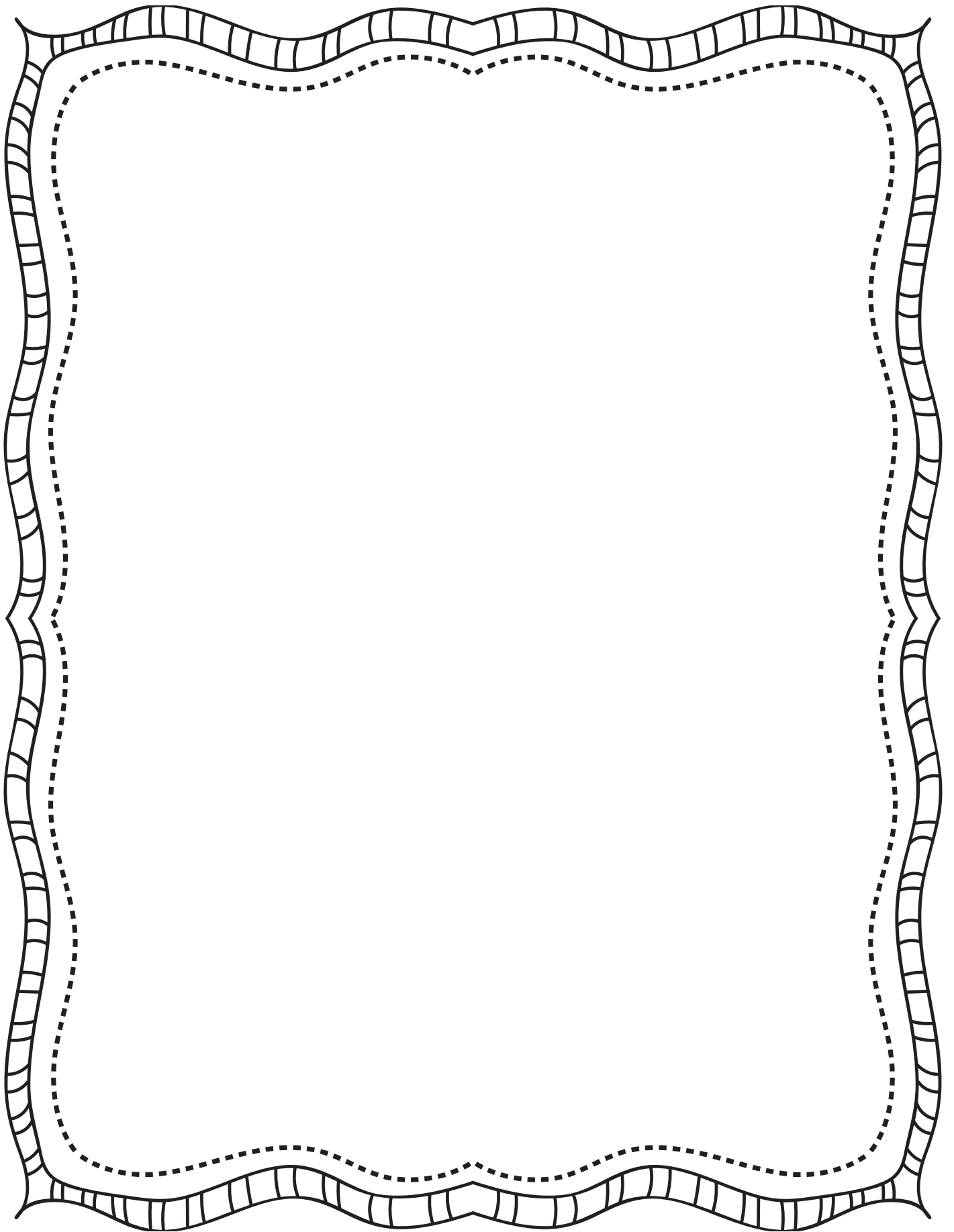
*Now may the God of peace Himself sanctify you completely. And may your spirit, soul, and body be kept sound and blameless for the coming of our Lord Jesus Christ.  
1 Thessalonians 5:23*

*Let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful.  
Colossians 3:15*

*"For you will go out with joy and be led forth with peace;  
The mountains and the hills will break forth into shouts of joy before you,  
And all the trees of the field will clap their hands.  
Isaiah 55:12*

*May mercy and peace and love be multiplied to you.  
Jude 1:2*





# Christ

*Therefore the Lord Himself will give you a sign: Behold, a virgin will be with child and bear a son, and she will call His name Immanuel.*

*Isaiah 7:14*

*There is neither Jew nor Greek, there is neither slave nor free man, there is [a]neither male nor female; for you are all one in Christ Jesus.*

*"But as for you, Bethlehem Ephrathah, too little to be among the clans of Judah, from you One will go forth for Me to be ruler in Israel. His goings forth are from long ago, from the days of eternity."*

*Micah 5:2*

*Then Jesus again spoke to them, saying, "I am the Light of the world; he who follows Me will not walk in the darkness, but will have the Light of life."*

*John 8:12*

*For in Christ all the fullness of the Deity lives in bodily form,  
Colossians 2:9*



