



December Writing Tips & Soul Care for Writers



DiAnn & Edie

We love the Christmas season—the sights, smells, sounds, and tastes of the most wonderful time of the year. The parties and visiting with friends and family fills up our calendars, and did I mention baking and shopping? We nearly forgot wrapping the gifts, addressing Christmas cards, and making sure every room in the house glistens with red, green, and gold.

But the hustle and bustle can exhaust us unless we find balance in the celebration.

HOLIDAY WRITING TIPS

1. Schedule time to write so we can relax and enjoy the greatest birthday party in the universe.
2. Remember readers! One way to show our appreciation is to share a Christmas poem, short story, or online card.
3. Use an Advent calendar to create blog posts, memes, and social media.
4. Host an online Christmas party with other writers and readers! Dress the part and make it fun! Perhaps an ugly sweater contest. Sing Christmas songs together, share favorite holiday memories, and swap cookie recipes.
5. Focus on our writing successes instead of what others have achieved.
6. Avoid saying yes to writing projects that add to our stress level.
7. Encourage others to rest in the embrace of God's love.



December Writing Tips & Soul Care for Writers (cont.)



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HOLIDAY SOUL CARE

1. Establish priorities. Jesus is the reason for the season
2. Give the gift of love by taking care of yourself physically, mentally, and spiritually.
3. Choose Joy!
4. Pray for what God wants you to give this season.
5. Seek and practice balance.
6. Don't compare your Christmas celebration to others.
7. In this season of a COVID Christmas, zoom friends and family to stay in touch.
8. Pray for others, our country, this world, and for the Gospel message of peace on earth good will to men.



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MEET SANTA'S HELPERS

As co-directors of the Blue Ridge Mountains Christian Writers Conference and the Mountainside Publishing Retreats, DiAnn Mills & Edie Melson bring more to the holiday season than their combined half-century of writing expertise. They both exhibit a proven Passion to equip writers today. Individually and together, they have encouraged thousands of writers as they stay true to the call of "changing the world one writer at a time."



CONTACT INFORMATION

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